



## DINING

Campers dine in Dansbury Commons, the university student dining room. Nutritious all-you-can-eat meals are served, with salad and dessert bars.

## CAMP CARE SERVICES

Our ESU Summer Camp Care Staff are first aid and CPR/AED certified. Summer Camp Care Staff will provide routine first aid services to the participants during the hours that camp is in session and will refer medical emergencies and illnesses to the Lehigh Valley Health Network - Pocono, located one block from campus.

## MEDICAL INSURANCE

ESU does not provide individuals with medical insurance. Campers must provide their own medical insurance plans. ESU is not responsible for paying medical deductibles or hospital costs for any camper.

Register online at:  
[www.esu.edu/camps](http://www.esu.edu/camps)

# CAMP FEATURES

- 7:30 a.m. Rise and Shine
- 7:45 a.m. Breakfast
- 8:45 a.m. Morning Lecture Huddle
- 9:15 a.m. Morning Practice Session
- 11:00 a.m. Free Time
- 12:00 p.m. Lunch
- 12:45 p.m. Rest Period & Evaluation
- 2:15 p.m. Afternoon Lecture Huddle
- 2:45 p.m. Afternoon Practice Session
- 4:30 p.m. Swim/Free Time
- 5:00 p.m. Dinner
- 7:00 p.m. Practice Session
- 8:00 p.m. Swim/Free Time
- 9:00 p.m. Evening Program  
(video, discussions, etc.)
- 11:00 p.m. Lights Out

## MIKE TERWILLIGER

[mterwillig@esu.edu](mailto:mterwillig@esu.edu)  
570-422-3322

**East Stroudsburg University of Pennsylvania is located in the beautiful Pocono Mountains in East Stroudsburg, Pennsylvania. ESU is 90 minutes west of New York City and two hours north of Philadelphia. You may also find directions through our website at [www.esu.edu](http://www.esu.edu)**

East Stroudsburg University of Pennsylvania is committed to equal opportunity for its students, employees and applicants. The university is committed to providing equal educational and employment rights to all persons without regard to race, color, sex, religion, national origin, age, disability, sexual orientation, gender identity or veteran's status. Each member of the university community has a right to study and work in an environment free from any form of racial, ethnic, and sexual discrimination including sexual harassment, sexual violence and sexual assault. (Further information, including contact information, can be found on the university's website at [www.esu.edu/titleix](http://www.esu.edu/titleix).)

In accordance with federal and state laws, the university will not tolerate discrimination. This policy is placed in this document in accordance with state and federal laws including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the Civil Rights Act of 1991 as well as all applicable federal and state executive orders.



For more information, assistance or special accommodations, please call 570-422-3061.

**EAST STROUDSBURG  
WARRIORS**

Office of Conference Services  
200 Prospect St  
East Stroudsburg PA 18301-2999



**EAST STROUDSBURG  
WARRIORS**



**ESU**

**FOOTBALL**

**2019 SUMMER CAMP**

**OLDEST FOOTBALL CAMP IN PA**

**JUNE 30 - JULY 3**

[esu.edu/camps](http://esu.edu/camps)

# PHILOSOPHY

Participants in the East Stroudsburg University Warriors Football Camp receive the finest football instruction available while having fun at the same time. Under the guidance of our superior football coaching staff, unique lectures, demonstrations, and drill sessions are presented daily in all aspects of football. Campers utilize the same athletic facilities that some of the top NCAA Division II players have used.

## GENERAL INFORMATION

- For grades 9 – 12
- 7v7 camp but individuals welcome
- Motivational and goal setting talks
- Focus on team skills
- Team-building experiences
- One coach for every 10-12 campers
- Video and video analysis
- Concessions available at all times
- College search talk (optional)
- Instruction by college and high school coaches
- Individual player evaluation
- Access to weight room and pool
- Recreation rooms
- 24-hour on-campus police coverage
- All-you-can-eat meals
- Experience living in university residence halls
- Fun-filled experiences
- Check-in: Sunday 9 – 10 a.m.
- Checkout: Wednesday 7 – 8 p.m.

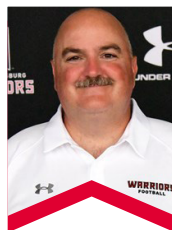
# CAMP STAFF



**JIMMY TERWILLIGER**  
Interim Head Coach

- Defensive backs coach 2015-17
- Led Warriors to two NCAA DII Playoffs (2004 and 2005) as quarterback, including 2005 Northeast Region championship
- Led Warriors to PSAC regular season title in 2003
- Three-time PSAC East Player of the Year and four-time Harlon Hill candidate, including recognition in 2005 as DII Player of the Year

**MIKE TERWILLIGER**  
Offensive Coordinator,  
Camp Co-Director



**MIKE SANTELLA**  
Offensive Line Coach/  
Recruiting Coordinator



# COST

Register online at: [www.esu.edu/camps](http://www.esu.edu/camps)

**EARLY BIRD PRICE BEFORE JUNE 14:**

**\$380/PLAYER**  
**DEPOSIT: \$280/PLAYER**

**PRICE AFTER JUNE 15:**

**\$385/PLAYER**  
**DEPOSIT: \$285/PLAYER**

**Make Checks Payable to:**  
ESU WARRIOR FOOTBALL CAMP  
**Mail to:** Office of Conference Services,  
200 Prospect Street, E. Stroudsburg, PA 18301

## Deposit/Payment/Cancellations/Refunds

Please enclose a \$280 non-refundable deposit with all applications. Camp balance is due two weeks prior to the start of camp. Campers who leave during the course of the camp will receive a refund based on the number of days services were rendered.

All refund requests must be submitted in writing to the Office of Conference Services within 14 days of the last day of camp. No refunds will be issued to campers sent home for disciplinary reasons. No refunds will be issued after that time. Please allow six to eight weeks for processing of any refunds.

Medical documentation may be required for refund. Please send refund requests to [conferences@esu.edu](mailto:conferences@esu.edu) with the name of your child and camp they participated in.

ESU Warrior Sports Camps have contingency plans in the event of inclement weather, however, indoor practice facilities may be limited.

**MIKE TERWILLIGER**

[mterwillig@esu.edu](mailto:mterwillig@esu.edu)

570-422-3322

Register online at:  
[www.esu.edu/camps](http://www.esu.edu/camps)

# FOOTBALL

Please print clearly in ink.

PARTICIPANT \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

HOME/CELL \_\_\_\_\_

EMERGENCY PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

GRADE ENTERING \_\_\_\_\_

AGE \_\_\_\_\_

DOB \_\_\_\_\_

SCHOOL/TEAM \_\_\_\_\_

COACH \_\_\_\_\_

POSITION \_\_\_\_\_

HEIGHT \_\_\_\_\_

WEIGHT \_\_\_\_\_

**ADULT T-SHIRT SIZE: L XL XXL**  
(please circle one)

\_\_\_\_\_ \$280 DEPOSIT BEFORE 6/14    \_\_\_\_\_ \$285 DEPOSIT AFTER 6/15  
\_\_\_\_\_ \$380 BEFORE 6/15    \_\_\_\_\_ \$385 AFTER 6/15

**\$280 NON-REFUNDABLE DEPOSIT**  
MUST ACCOMPANY EACH REGISTRATION FORM

## Medical Insurance Information

COMPANY NAME \_\_\_\_\_

POLICY NUMBER \_\_\_\_\_

GROUP NUMBER \_\_\_\_\_

NAME OF PARENT/GUARDIAN \_\_\_\_\_

I hereby authorize the camp staff of East Stroudsburg University to act for my son/daughter in their best judgment in any emergency situation. I also authorize my son's/daughter's attendance in ESU's Warrior Sport Camp. I certify that he/she is in good health and is able to participate in all camp activities. I understand that the camp staff, first responders, and university will not be held responsible for any injuries that occur on the way to, during or on the way home from ESU.

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_